

Icebreaker – Coat of Arms

Materials: flip chart paper, variety of coloured pens

Group: up to 12 - 15 (as it can take a while to give the feedback)

Timing: Brief 5 mins; drawing 10 mins; sharing 2-3 mins per person

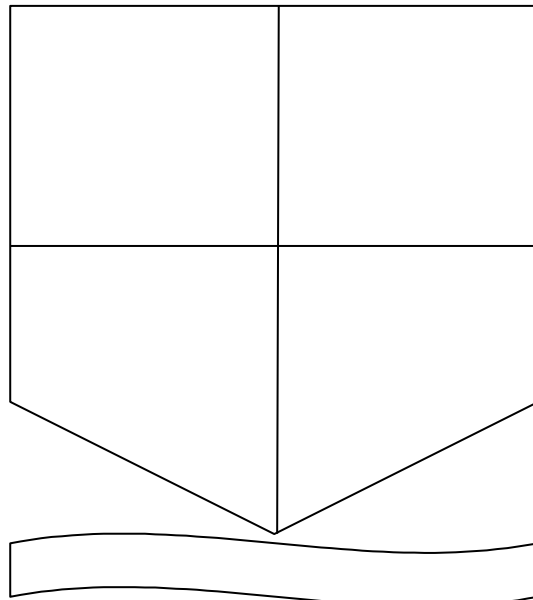
Prepare a flip chart with various versions/ shapes for a coat of arms with a motto underneath (see example below) – they can make up their own shape.

Write 4 statements in each of the quadrants (or draw an image to represent the question) – e.g. ***What I bring to this team/ what I can offer; How to work best with me/ what I need from others; What I like to do in my spare time/ fun; Something about me you don't know***

Introduce the icebreaker by saying that coats of arms were traditionally used to represent a family and often reflected their values. This as a fun way of getting to know each other better and prompting informal discussion. Mention that you will leave them on display round the room.

Ask the group to represent their answers on a flip chart. Encourage them to be as creative as they like and use images rather than words. Then ask them to write their motto (it doesn't have to be in Latin!) e.g. just get on with it! Or live life to the full!

Give them 10 minutes to complete their coat of arms and then encourage pacey feedback – 2 mins per person maximum (tip – pick someone succinct to go first!)





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